

5 Lies THAT CAUSE YOU TO OverSchool

Lies

1. There is too much to do
2. My kids are behind
3. It's all on me
4. I don't have enough time
5. I have to do it right

Truths

1. Less is more
2. My kids are right on track
3. I have options
4. I have plenty of time
5. There is no right way



The reality is: they are all just thoughts, and all thoughts are optional.

For each thought ask:

How do you feel?

What do you do?

Is it helping you?

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What would change if you switched from the lies to the truths?



Believing the 5 Truths sets you free to experience confidence, peace, curiosity, and joy as you homeschool.

When you feel differently, you'll act differently.

Instead of trying to do it all, you can do what you love, well.